



2022 - 23

IMPACT REPORT

Healing The Hurt
Empowering Families
Creating Change



KidsAid is a registered charity, No. 1167852

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LinkedIn: [@kidsaiduk](https://www.linkedin.com/company/kidsaiduk)





WHAT'S INSIDE!

When a flower
doesn't bloom you
fix the environment
in which it grows,
not the flower.



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CHAIR'S INTRODUCTION

KidsAid has a heart and soul, which shines through in all it does, and being its Chair is a privilege, a challenge, and a tremendous opportunity to transform young lives.

The growing children's mental health crisis is reflected in our own statistics. Last year, a combination of individual, attachment, and group therapies were delivered to a total of 329 beneficiaries, which is an increase of 50% compared to the previous year.

At a National level, the Children's Commissioner for England and Wales, has reported that a survey of over half a million children revealed that 1 in 5 are worried about their mental health, and highlights that the need for 'easy and early access to mental health support is vital. It needs to be provided exactly where they are, whether in school, at home via online services, or in the community, to help prevent problems escalating.'



I am pleased to report that KidsAid continues to strive to provide excellent mental health support to children and families within the community, and schools, and to put the needs of children at the centre of everything it does.

KidsAid has re-structured and transformed both the Board and the Executive Team, to meet the challenges and opportunities ahead. It has strengthened many processes, including financial controls and risk management, introduced a code of conduct for trustees, and invested in training for both staff and trustees.

The only certainty is change, and KidsAid will collaborate with the Integrated Care System, and extend our reach within the communities we serve, while seeking opportunities to extend services to new areas. We will actively seek to work with the corporate sector where this aligns with our values and interests and will lobby to secure commissioned work from Northamptonshire Health Foundation Trust, to help the Trust reduce the current three year wait for children on the trauma pathway to be seen.

A big thank you to our many supporters, from the individual marathon runner to the small local business, and the large corporation. We could not exist without you!

Special thanks to the Board, Becca, our CEO, and all staff and volunteers for their support, dedication, and flexibility, during this unprecedented period of change and transformation.

Tony Bates
Chair.

£1 will pay for a child's 'Guide to Supporting Your Mental Health' booklet.

CEO REPORT

KidsAid has faced a challenging year. The marked increase in children with complex needs and the severe shortage of adequate support has created significant demand for our services.

The requirement for local mental health provision rose substantially during the Covid lockdowns, and as the legacy of the pandemic is still being navigated by many young people, the need for support has endured. Child and Adolescent Mental Health Services (CAMHS) are oversubscribed, and many children do not meet the threshold to receive treatment.

Every day in our work, KidsAid witnesses the issues caused by lack of early help and preventative services as increasing numbers of young people are nearing crisis.

In the last 12 months, our dedicated staff, trustees, and supporters have worked tirelessly to help address the complex needs of vulnerable young people. We delivered 3,174 hours of therapy to a total of 257 children, and our interventions lasted an average of 35 weeks.

Supporting young people for this length of time is costly and takes significant resource. But, it is necessary. KidsAid prides itself on being an honest service, and our outcomes prove that this level of support is often required so that children can process their trauma safely and at their own pace, when they have had sufficient time to build trust with their therapist.

Alongside our interventions with young people, last year KidsAid delivered 900 hours of therapeutic support to 72 parents, who had been through their own trauma and were experiencing mental health difficulties.

Wherever possible, we adopt a systemic approach when working with young people as our experience informs us that where a child is struggling, the parent/carer and family are often struggling too. We consider caregivers' mental health a crucial determinant of a child's wellbeing, and we understand that parents are the most significant agents of change for their children.

We are encouraged to see our values aligned with the Children's Commissioner and Northamptonshire's Integrated Care System (ICS), who acknowledge that children exist as part of families and not as isolated individuals. Both the ICS and the Children's Commissioner have highlighted the need to offer holistic support to parents and family systems to transform young lives.

Parents and carers need to feel empowered to support their children through life's experiences while recognising their own triggers and seeking help when needed. Therapeutic parenting approaches and adult psychotherapies enable caregivers to develop healthier coping strategies and become more emotionally available to their children. KidsAid is one of only a few providers nationwide delivering therapies to support parents' mental health alongside our work with children. That's why we consider ourselves a specialist therapeutic service.

The provision landscape for young people is going through a period of change, and it is promising to see positive steps undertaken by Northamptonshire's ICS to bring the health, social care, and voluntary sector together.

**£3 will pay for a parent's
'Guide to Therapeutic Parenting' booklet.**

CEO REPORT

KidsAid has declared our support for the ICS as we recognise that those we serve will benefit from our engagement with other services to exchange best practice. Though we hold our values constant, we are keen to learn, adapt and evolve as needed to maintain professional excellence.

For charities like KidsAid that do not receive statutory funding, the ICS presents an opportunity, and we believe that it is more important than ever that the Voluntary, Community and Social Enterprise (VCSE) sector works collectively to strengthen our voice and increase our sustainability. We also recognise our responsibility to demonstrate the impact systemic change can have for children and their families – both now and for future generations.

It is an exciting time for KidsAid. This past year, we have developed and achieved organisational change by restructuring the board and executive team. This includes the recruitment of talented trustees who add a wealth of knowledge to our board; the introduction of the Business Development and Finance and Risk Subcommittees who regularly examine critical areas in the charity; and Policy Development Groups to ensure greater accountability.

As we look ahead into this next year, we are enthusiastic about introducing the role of Marketing Lead to the board. We will also grow our executive team by recruiting an Operations Manager and additional roles within Business Development.

On behalf of the Charity, I would like to thank the generosity of our supporters, partners, and grant funders who continue to make our work possible. Every act of kindness makes a significant difference. The compassion of our community is inspiring, particularly during these challenging times.

Thank you to the staff (past and present) for their ongoing contribution. Being part of such a remarkable, resilient, and passionate team is a privilege.

Finally, I am hugely grateful to our Chair, Tony, and to the Board of Trustees, who serve, support, and scrutinise the Charity's work. Their governance over the last year has been invaluable.

I am incredibly proud of the profound difference KidsAid is making in young lives, as this report will demonstrate. As the Charity continues to grow, we will ensure that we place the child at the centre of all KidsAid does.



Becca,
CEO.



OUR VISION, MISSION & VALUES

KidsAid is a child-centred charity. We focus on prevention, healing and empowerment for children and families affected by abuse, family breakdown, illness, and bereavement through to anxiety, depression, self-harm, and suicide.

We take a three-pronged approach to our work with children that includes therapeutic support for the individual child, support for parents or care givers and support for professionals working with children.

OUR VISION

To safeguard children so that early-life trauma does not become a life-long burden.



OUR MISSION

To support traumatised children and young people through the delivery of long-term, evidence-based therapies alongside innovative interventions with the aim of improving poor mental health and future life prospects.

OUR VALUES

- ✓ We put the needs of children at the centre of everything we do.
- ✓ We strive to deliver excellence in creative therapies.
- ✓ We value difference and treat people equally.
- ✓ We respect families in all their forms.
- ✓ We listen to each individual and respond to their personal needs.
- ✓ We encourage individuals to fulfil their potential.
- ✓ We seek to provide the most cost-effective service possible.
- ✓ We are committed to the Nolan's seven principles of public life: selflessness, integrity, objectivity, accountability, openness, honesty, and leadership.

WHAT WE PROVIDE



£25 will pay for a child's creative therapy kit.

To donate to KidsAid, visit: www.kidsaid.org.uk/donate

IN THE SPOTLIGHT

2022 EDGE AWARD WINNERS!



**Northamptonshire
Community Foundation**
Giving back to our county

KidsAid feel incredibly grateful to have been honoured with the Edge Award for our “outstanding contribution to our community”.

Thank you, Northamptonshire Community Foundation for recognising our work and believing in us. We are incredibly appreciative of your continued support.



Northamptonshire Community Foundation Awards Ceremony.

PARENT FEEDBACK

"KidsAid is a great service and my daughter's therapist has been fantastic. She will miss her therapist.

It's a Nanny McPhee moment - my daughter wants her but no longer needs her."

Parent.

OUR TEAM

The charity is fortunate to have a highly dedicated and motivated staff team who all have a background in mental health, family support, and service delivery. While each individual has specialist skills, there is a genuine desire to work as a team and to create a supportive and flexible approach to the work we deliver.

These roles are supplemented by a group of highly qualified and experienced sessional therapists. In addition to staff and therapists, the charity is fortunate to have the support from a committed board who have extensive experience relevant to our work.



The Board of Trustees includes:

Trustee

Tony Bates
Duncan McAlpine
Nick Scott
David Robertson
Felicity Botterill
Joy Pinkham

Role on the Board

Chair
Vice Chair
Business Development Lead
Finance Lead
Safeguarding Lead
Founding Trustee

Specialism

Governance
Education
Business
Finance
Safeguarding
Family Law

**£50 will pay for a
50-minute therapy session.**

To donate to KidsAid, visit: www.kidsaid.org.uk/donate

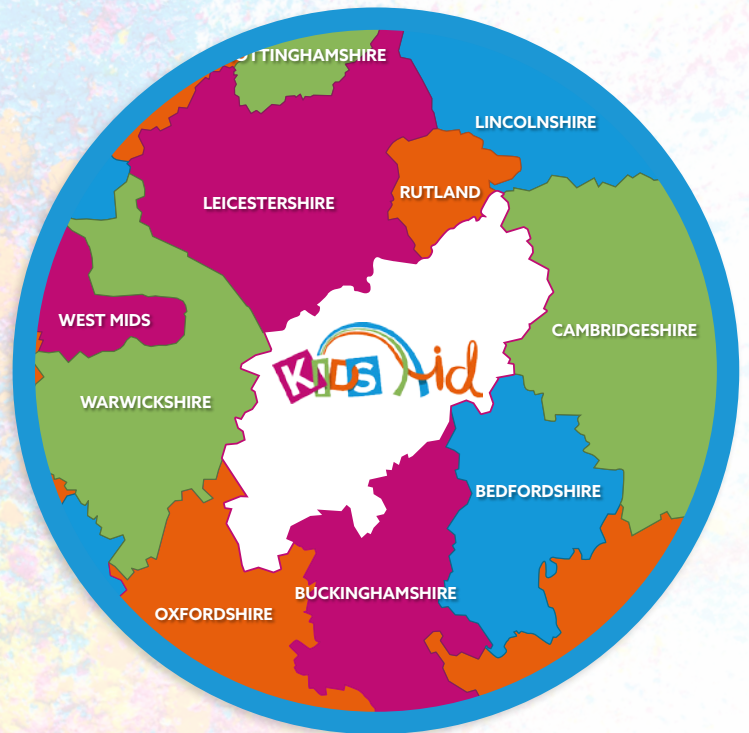
WHY WE ARE NEEDED!

Children and young people are at the sharp end of a mental health crisis that appears to worsen daily. Yearly referrals to Child and Young People Adolescent Mental Health Services (CAMHS) have risen by 53% since 2019. (NHS Digital, 2022) and urgent referrals of children to emergency mental health services have tripled (Young Minds, 2023). Yet in 2022, a third of children referred to CAMHS with a mental health problem did not receive treatment (Children's Commissioner, March 2023).

Locally, the picture is the same. In Northamptonshire, the number of referrals to statutory provision has increased by 180% in the past two years, and the waiting time is increasing for appointments (West Northamptonshire Council Cabinet, March 2023).

This is also the case in counties surrounding Northamptonshire, such as Peterborough, Cambridgeshire and Bedfordshire (NHS Digital, 2022) as well as Oxfordshire (Oxfordshire Health and Wellbeing Joint Strategic Needs Assessment, 2022) and Leicestershire (Leicestershire Join Health and Wellbeing Strategy, 2022).

In 2023, CAMHS reported a rise in complex mental health referrals in Buckinghamshire. While Warwickshire states that mental health referrals for infants aged 0-4 years have doubled since the COVID pandemic (Warwickshire Joint Needs Assessment, 2023).



Our demographic and referral statistics also demonstrate the decline in child mental health. Each year, referrals to KidsAid and the complexity of needs amongst our beneficiaries are increasing. The state of parent mental health also appears to be worsening, leading us to support more parents in the last year than ever before.

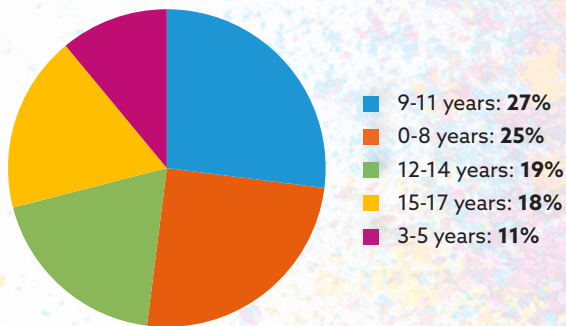
The following pages will evidence our demographic and referral data further.

£600 will fund a child's therapy for three months.

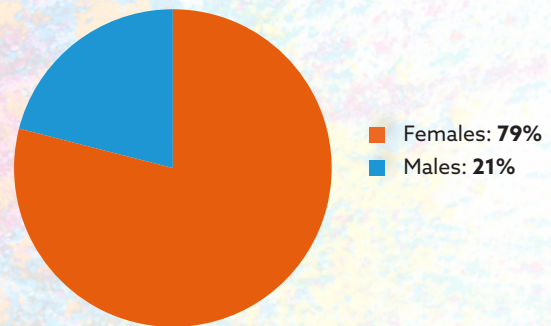
DEMOGRAPHICS & REFERRAL DATA

A summary of the beneficiaries we have supported in 2022-2023

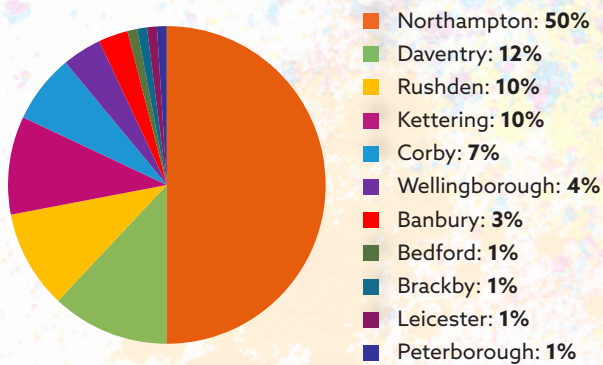
Age of Young People Supported



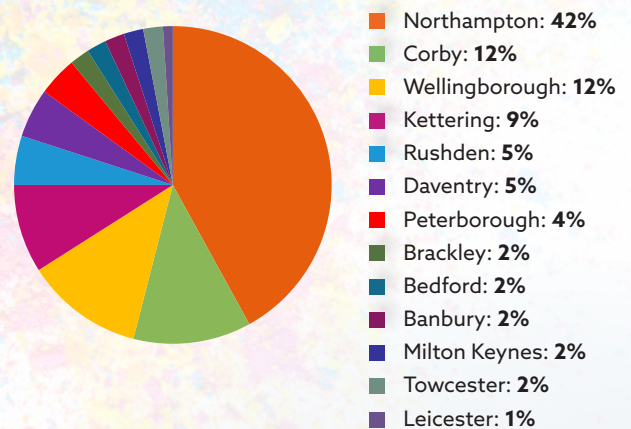
Gender of Parents Supported



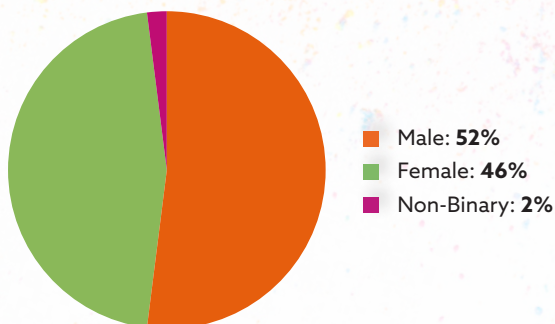
Location of Parents Supported



Location of Young People Supported



Gender of Young People Supported



SUPPORTER FEEDBACK

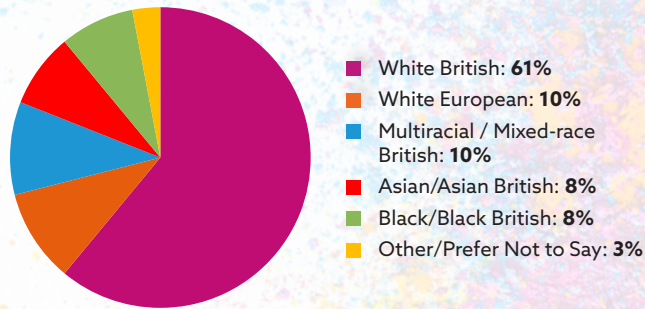
"At Quest, we know it's good to do good, and supporting children's wellbeing in the local area is supporting the future of the local area."

Quest Employment

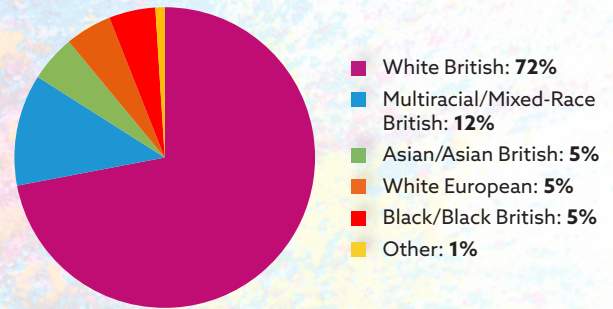
HOW WE ARE HELPING

A summary of the beneficiaries we have supported in 2022-2023

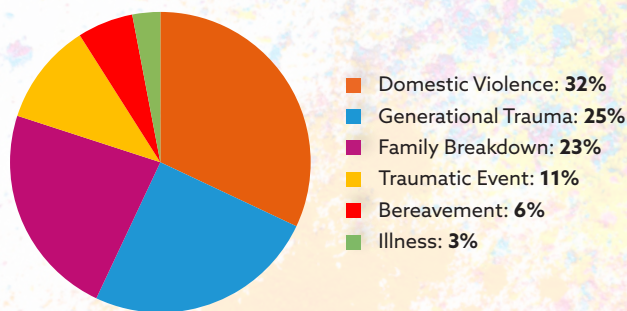
Ethnicity of Parents Supported



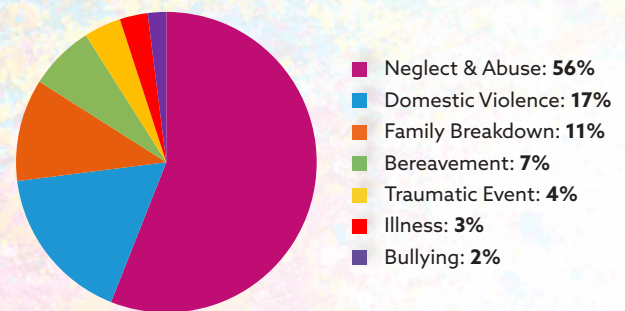
Ethnicity of Young People Supported



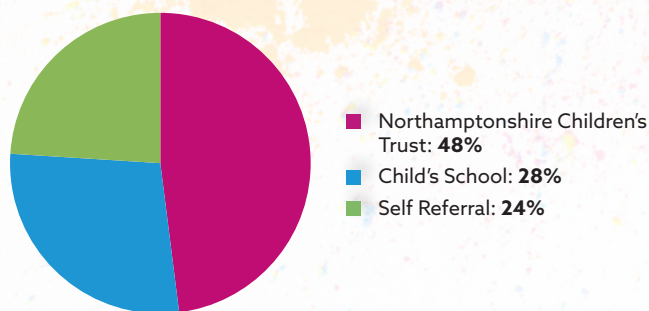
Parent Referral Causes



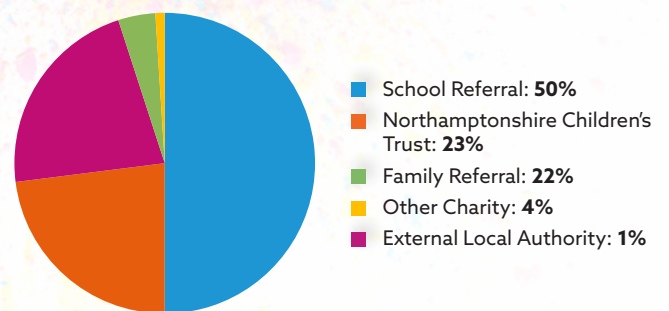
Young People Referral Causes



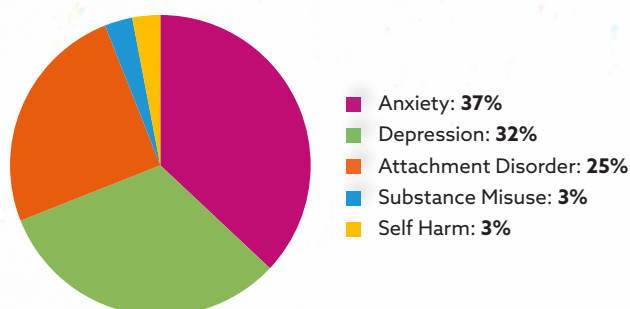
Referral Route of Parents Supported



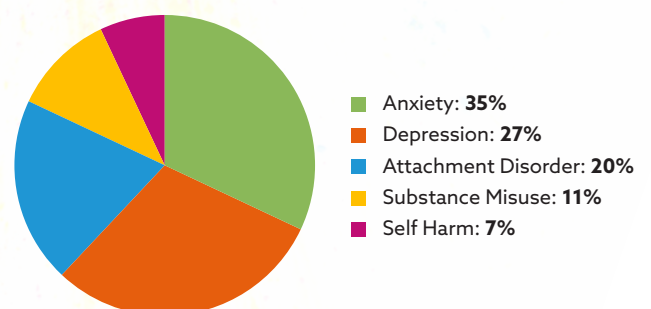
Referral Route of Young People Supported



Parent Referral Symptoms



Young Person Referral Symptoms



DEMOGRAPHIC AND REFERRAL STATISTICS

257

Total number of young people worked with.



75

Total number of schools worked from.



6

Average number of weeks waiting time.



72

Total number of parents worked with.

50%

Percentage increase in beneficiaries compared to the previous year.



HOW WE WORK

Our interventions include art, creative, dance movement, drama, and play therapies. These therapies facilitate non-verbal expression and allow young people to communicate while maintaining a safe psychological distance from their trauma.

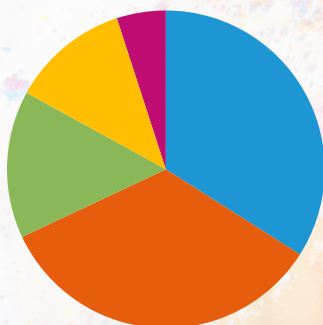
Our therapies are non-directive, which empowers our beneficiaries as they are given autonomy in their therapy sessions.

We work with children for a period of six-to-twelve months, to give them sufficient time to safely process traumatic life experiences and find healthy coping mechanisms to support their long-term mental health.

Our approach is unique because access to affordable long-term provision is exceptionally rare; KidsAid is the only charity in Northamptonshire and surrounding areas offering this level of support for children and young people.

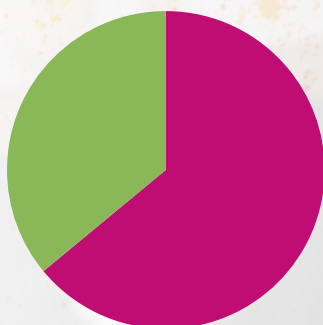
We are proud to bridge this gap in provision, as without our service, local children with high-level need would have nowhere to turn and be unable to overcome early years' trauma.

Parent Therapy Interventions



- Psychotherapy: **34%**
- Trauma-informed Psychoeducation: **34%**
- Parent and Child Attachment Therapy: **15%**
- Family Therapy: **12%**
- Parent Wellbeing Support: **6%**

Young Person Therapy Interventions



- One-to-one Therapies: **64%**
- Group Therapies: **36%**



£1,200 will fund a child's therapy for six months.

INTERVENTION STATISTICS

4074

Total number of therapy hours delivered.

75%

Percentage increase in therapy hours delivered compared to the previous year.

30%

Percentage of child beneficiaries whose parents also received support.

35

Average number of weeks young people received one-to-one support.

93

Total number of group sessions delivered to young people.

100%

Percentage of children and young people who stated their therapist was non-judgemental and helped them to feel comfortable.

90%

Percentage of parents who said their intervention helped them understand their child better.

900

Total number of one-to-one sessions delivered to parents.

58

Number of safeguarding concerns raised.

18

Average number of weeks parents received one-to-one support.

INTERVENTION FEEDBACK

"We really appreciate our therapist as well as the wider charity, going above and beyond to support us as a family."

Grandparent.

"It's been nice to step out of the room and to enjoy being me for a moment."

Young Person.

"I found out about kindness and happiness."

Young Person.

"My experience with KidsAid has been so uplifting. I have felt comfortable and very well supported. I have found ways to cope. Thank you."

Parent.

"I loved my therapy because I got to play with lots of messy stuff. My therapist was nice. I talked about things that were scary and now I am not scared anymore."

Young Person.

"When we sat in the family session together and played games, the difference was amazing! My son wanted to play with me! He was so relaxed and able to express himself so freely. I have been amazed by the difference!"

Parent.

"I really liked my therapy, and especially telling stories. It felt like I could spread out and share everything."

Young Person.

"At first I was scared. But I enjoyed having time with my therapist. It really helped me relax and feel comfortable about talking without thinking too much and becoming sad."

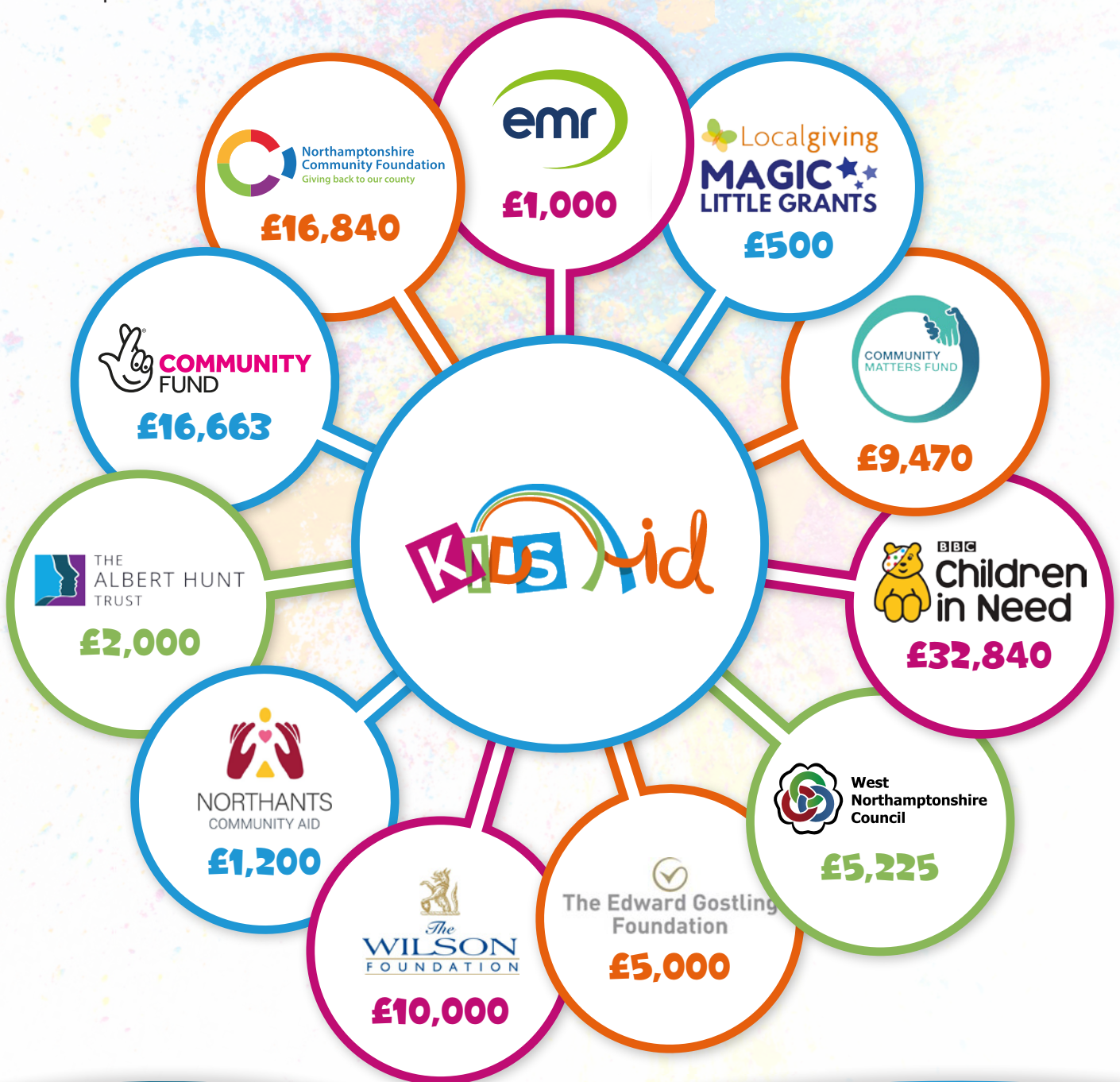
Young Person.

HOW WE ARE FUNDED

KidsAid's services are funded through a combination of community and corporate fundraising, grants from trusts, and spot commissioning from Northamptonshire Children's Trust, schools, adoption agencies, other charities, and families.

In 2022-23 we received an incredible £100,738 from grant making trusts!

Thanks to the support of these grant making trusts, we were able to deliver our core work plus a variety of projects including wellbeing support, group therapies, and one-to-one therapy interventions for children and their parents.



IN 2022-23 OUR AMAZING COMMUNITY RAISED £50,164 FOR KIDSAID!

This contributed towards the delivery of therapy interventions for over seventy children and young people!



ROAB Club. We receive ongoing support from the club, who have chosen us as their charity.



Jabeer from Northamptonshire Law Society and Shepherd & Co supporting KidsAid as their Charity of the Year.



Elise Northfield from Photo-Times Photography.



KidsAid Abseil!

SUPPORTER FEEDBACK

"KidsAid is a fantastic organisation providing much needed support to children and young people who are facing incredibly difficult challenges in their lives. We want to assist KidsAid to give hope and to secure brighter futures for children and young people in need."

Northampton College.



Thank you to our runners for Northampton Half Marathon!



Quest Employment supported KidsAid as their Charity of the Year.



Thank you to Woodway UK who raised money for KidsAid!



Waitrose at Wootton raised money for KidsAid.



Our Big Give Christmas Challenge Week! We raised over £14k with the support of our incredible community, and local partners including Archways Real Estate, Flair Designer Wear, Northamptonshire Law Society, Shepherd & Co, Photo Times Photography and Northampton High School!



Mike, Jodie and Molly from Northampton College.

WANT TO SUPPORT US?
 Contact info@kidsaid.org.uk
 Head to Page 35 for more ways to get involved!

SUPPORTER FEEDBACK

"I have lived with mental health issues since my teenage years resulting in anorexia into my early 20s and have lived with a life-changing trauma in adulthood so can understand how difficult it is to come to terms with trauma. As an adult it's hard enough to deal with, but when a child has to process these life events with little or no life experience, and potentially no safe person to call upon to help them come to terms with what has happened it is heartbreaking. Everyone should be given support and a safe space to process life events and allow them to have time and the tools to deal with whatever life has thrown in their path."

Elise, Local Business Woman.

"I have 3 children so I understand how different each child is & how many things in life can affect children so easily - good or bad experiences. Every child needs to feel safe & supported. So, when I heard about KidsAid helping children & young people who had suffered from a trauma, I wanted to help as much as I can. Children are our future; we need to look after them."

Michelle Protest ES Ltd.

"Kids are our future, so let's help them in their present."

Amie, Local Supporter.

SAFEGUARDING

As we work with vulnerable children and families, safeguarding is of the greatest importance to KidsAid.

Every trustee, staff member, therapist, student, and volunteer must undertake safeguarding training as part of their induction to KidsAid. In addition, the Safeguarding Lead Trustee, and the Designated Safeguarding Officers are expected to keep up to date with safeguarding legislation, which feeds into our annual review of our policy and procedures.

As a reflection of our dedication to providing quality and safe services, in 2023, KidsAid will be investing in new safeguarding software, My Concern. We will also be implementing a safeguarding audit across the organisation which will identify key areas for development.

**Safeguarding is
everyone's responsibility.**



**£1,600 will fund a child's
therapy for nine months.**

CHARITY COLLABORATIONS

KidsAid is proud to be partnered with other community organisations, such as NGAGE and Spring Charity who we have collaborated with to deliver group therapy sessions.



Our work with NGAGE facilitates group therapy sessions for young people who have struggled with drug and alcohol use.

We offer young people a supportive space that provides connection and creative expression where healthy coping mechanisms are explored.

Feedback has revealed positive changes in participants, who have shared that they have gained confidence and skills to support their mental health and well-being.



Our work with Spring Charity brings isolated parents and their children together who are offered a creative space to support their well-being.

"Over the years of us working with Spring Charity I have seen an improvement in the way parents use these sessions to positively interact with their children, in a child-led and developmentally friendly way.

The well-being sessions create a nurturing space for parents to sit alongside their children and take part in crafts and activities. For many of the parents who attend, the sessions are as much of a social outlet for them, as they are for their children.

It is a great privilege to work with the families and staff of Spring Charity." - Natasha.

"I got a lot out of the group. I don't feel as alone with my worries. I think I am more confident now, and I find it easier to socialise."

Young Person.

"The therapist is brilliant at engaging with our vulnerable families and encouraging reluctant parents to join in with activities with their children. The sense of achievement and pride seen in the parents at the end of the session is amazing. The families are also thrilled when their artwork is displayed in our building and take pride in pointing it out to visitors and other families."

The Spring Charity.

EVALUATION AND MONITORING

Evaluation and monitoring underpin every element of KidsAid's provision: review procedures are embedded throughout the organisation to ensure quality of delivery, evidence-based practice, and sustainability of outcomes.

Pre and post intervention data is gathered for every beneficiary we work with, and evaluation of the quality of our work is ongoing through regular interim review meetings between the therapist and parents/carers and professionals.

Our data is collated from a combination of qualitative and quantitative methods including:

- Assessments.
- Strengths and Difficulties Questionnaires.
- Therapist Reports.
- Child Feedback Forms.
- External Professional Feedback Forms.
- Project Reports.
- Community Surveys.

KidsAid is a child-led service, and the therapist and beneficiary relationship is central to our approach. Reviewing each therapy intervention happens systematically and routinely in every meeting, and our beneficiaries are empowered by their therapist to discuss their own desired outcomes, which guides the aims we strive to achieve.

KidsAid provide regular one-to-one and group clinical supervision to our therapist team to ensure safe practice. Our approach to supporting our therapist team also plays a vital role in quality assurance, performance improvement and risk management.

We use a client database/CRM to securely record beneficiary data, outcome measures and safeguarding concerns. Therapist case notes are stored in accordance with the GDPR and Data Protection Act.

KidsAid review our clinical administrative processes and assess referral statistics through quarterly review meetings to ensure best practice.



£800 will fund psychoeducation and therapeutic support for a parent.

SCHOOL FEEDBACK

"A big thank you to everyone at KidsAid, particularly the therapist who provided fantastic sessions for our children. Communication was fantastic both face to face and email. The team enquired each week about the welfare of the children and understood that their individual life experience could change week by week. KidsAid show genuine interest and care for each child - an amazing service!"

School.

OUTCOMES STATISTICS

90%

Percentage of parents who said their therapy with KidsAid has helped them to process their lived experiences.

85%

Percentage of parents said their personal therapy had a wider impact to their family unit.

85%

Percentage of parents who said that their support from KidsAid has improved their parent-child relationship.

88%

Percentage of parents who said they feel they have greater control of their life since their therapy.

90%

Percentage of children and young people who stated that things have improved for them at home, following their therapy intervention.

85%

Percentage of children and young people who reported that their friendships improved after their therapy intervention.

81%

Percentage of children and young people who reported an improvement with every mental health difficulty they had previously struggled with.

90%

Percentage of children and young people who reported they are happier and feel more hopeful about their future, following their therapy intervention.

£1,500 will fund a course of family therapy.

OUTCOMES FEEDBACK

"The help for my child and I was great."

Parent.

"Our experience of KidsAid has been amazing! My daughter has loved working with her therapist and felt comfortable in talking to her. We feel very lucky to have had such an incredible lady supporting our girl through a really tough time."

Parent.

"Our experience at the school has been very positive. X is more regulated since having sessions."

School.

"I don't get as angry anymore and when I do I calm down a lot quicker. I will miss my therapist."

Young Person.

"I am calmer and have had help controlling my anger. Me and Nanna are not arguing as much. I am happier at home and get better with friends."

Young Person.

"Our experience of KidsAid has been amazing! My daughter has loved working with her therapist and felt comfortable in talking to her."

Parent.

"She is more willing to communicate, and more trusting. It has been so amazing to see her making friends. THANK YOU!"

Parent.

"We have seen a marked improvement in how the young person presents themselves in school."

School.

"The charity has been so friendly and helpful. I have seen a big change in my daughter - she finds it a lot easier to talk about her feelings now."

Parent.

"My therapist was really kind and caring. She helped me see things differently. There is a lot I am looking forward to in my future."

Young Person.

"Our son is calmer, more focussed, less confused, and able to deal with life struggles. Thank you KidsAid!"

Parent.

"My therapist was amazing and helped me change my outlook on myself."

Parent.

"My kids have become much more confident and can recognise emotions they didn't understand before. All of us as a family have felt supported, the therapists are amazing."

Parent.

"Our experience has been extremely positive. The therapist has been amazing with the child - always going above and beyond. It has made a huge difference."

School.

"I am less angry, and don't get in as much trouble these days. I am keeping friends. Things are good."

Young Person.

SUPPORTER FEEDBACK

"We are highly impressed by KidsAid's extensive therapy interventions for children, parents and caregivers, giving each child the best possible chance to break intergenerational trauma and move forward with their lives."

CrickSoftware


"Through our work with families navigating the difficult process of early life trauma, we are all too aware of some of the issues that children in our area are affected by. By choosing KidsAid as our charity, we are able to make a tangible difference to an organisation that plays such a vital role in improving the lives of young people."

 SENATE HOUSE

"I appreciate the work that KidsAid do and wish there were more organisations offering this level of support to vulnerable children who have been through trauma and abuse."



"I recently became a father, which has highlighted the importance of emotional development and providing a safe space for children going through difficulties. I am proud to support such an incredible charity."

 Northamptonshire Law Society

EMMA'S STORY

From Beneficiary to Volunteer.

A Journey of Giving Back with KidsAid.

KidsAid has supported countless children and young people over the years, offering a safe space to navigate childhood difficulties following traumatic experiences in early life.

Among the many success stories that have emerged from KidsAid, one example stands out – the story of Emma, a former beneficiary who has since become a dedicated volunteer, committed to helping other young people who have been through similar experiences.

The therapy Emma received from KidsAid has significantly impacted her life. Since her sessions, Emma has had healthier relationships and developed a stronger sense of self. Emma states, "Both my relationships at home and school improved. I made more friends and talked more to my family - I felt more comfortable doing so after therapy."

Emma recognises her therapy's impact on her life; the support she received empowers her to help other young people who have also gone through similar experiences. She explains, "I feel that I need to help out people like me as I found my help so useful, and I now want to do the same."

Emma is now a dedicated volunteer for KidsAid and gives her time to support the team at local community events. She says, "I love being at KidsAid; everyone gets along and is so approachable. It allows me to be involved and be myself." Emma is now setting up a young person focus group, so their voice influences the work of our organisation.

Emma's journey from a young beneficiary to a dedicated volunteer is a testament to our impact on young lives.

**£1,950 will
fund a child's
therapy for a full
academic year.**

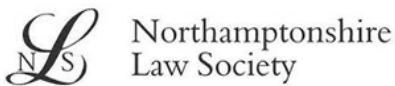


SUPPORTER ACKNOWLEDGEMENT

Our sincerest thanks to every individual, organisation, business, school, and grant making trust who supported us with our work in 2022-23. Without you, our work wouldn't be possible. From the bottom of our hearts, and on behalf of all of us at KidsAid, THANK YOU!



HEINRICHDEREK





DO YOU WANT TO SUPPORT US?

Donate by scanning our QR code!

You can make a one-off donation, set up a regular monthly donation, donate through Payroll Giving, contact us about sponsoring a child's therapy, or organise a fundraising event.



Join our fundraising events!

Whether it is holding a raffle, sponsoring a child, joining our fundraising days, or holding a bake sale, any contributions would be highly appreciated.

Support us as your Charity of the Year!

As a local charity, any support from the business community goes a long way to helping children and families recover from trauma.



Become a volunteer!

Support us by sharing your expertise and time. We are always looking for Trustees and volunteers to help us with our work!



Become a Corporate Partner!

As we look ahead to next year, we aim to develop our corporate sponsorship programme. If you are a business with a CSR initiative and are aligned to our values, then we'd love to hear from you!



**INSIDE EVERY
CHILD THERE'S
A STORY THAT
NEEDS TO BE TOLD**





The KidsAid Foundation

Financial Statements and
Annual Report For the Year
Ending 31st March 2023

Registered CIO Number: 1167852

The KidsAid Foundation, Doddridge Centre,
109 St. James Road, Northampton, NN5 5LD
07471 762737 | info@kidsaid.org.uk | www.kidsaid.org.uk

Bankers

Metro Bank
27 - 29 Abington Street
Northampton
NN1 2AN

Independent Examiners

CVS Northamptonshire
32-36 Hazelwood Road
Northampton
NN1 1LN

Structure, Governance and Management

The KidsAid Foundation (KidsAid) was registered as a CIO on 24 June 2016, having previously been unregistered. KidsAid was founded in its original form in 2007.

KidsAid is a child-centred voluntary service. We are proud to deliver long-term, evidence-based therapies alongside innovative interventions at an affordable cost to families who do not have access to other services or have the financial means to fund therapy themselves.

The charity is fortunate to have a highly dedicated and motivated staff team who all have a background in mental health, family support, and service delivery. While each individual has specialist skills, there is a genuine desire to work as a team and to create a supportive and flexible approach to the work we deliver. These roles are supplemented by a group of highly qualified and experienced sessional therapists.

In addition to staff and therapists, the charity is fortunate to have the support from a committed board who have extensive experience relevant to our work. The Board of Trustees includes:

- Tony Bates, Chair
- Duncan McAlpine, Vice Chair
- David Robertson, Finance Lead
- Joy Pinkham, Founding Trustee
- Nick Scott, Business Development Lead
- Felicity Botterill, Safeguarding Lead

It is the aim of the charity to foster an open and collaborative approach between the staff group, wider therapeutic team, trustees and volunteers where we can actively contribute to the long-term strategic future of the organisation together.

Vision, Mission and Values

Our vision is to safeguard children so that early life trauma does not become a lifelong burden.

Our mission is to support children and young people to overcome trauma by providing play, arts-based, family and bespoke therapy packages with the aim of improving poor mental health and empowering children and their care givers to rebuild their futures and reach their potential.

Our Values

- We put the needs of children at the centre of everything we do.
- We strive in delivering excellence in creative therapies.
- We value difference and treat people equally.
- We respect families in all their forms.
- We listen to each individual and respond to their personal needs.
- We encourage individuals to fulfil their potential.
- We seek to provide the most cost-effective service possible.

Objectives and Activities

We take a three-pronged approach to our work with children that includes therapeutic support for the individual child, support for parents or care givers and support for professionals working with children.

Our objectives are pursued through several activities including:

- One-to-one psychotherapies for children and young people.
- Therapeutic group work for children and young people.
- Parent/child therapies including PCAP (parent and child attachment play) DDP (dyadic developmental psychotherapy) and Filial Therapy.
- One-to-one therapies for parents and care givers.
- One-to-one or group psychoeducation and parent support sessions.
- Specialist trauma resolution & bespoke interventions.
- Wellbeing workshops for children, young people, and parents.
- Trauma-informed training for professionals.

These services focus on healing and empowerment (with a desire to increase the focus on prevention) for children and families affected by the following:

- Abuse (neglect, physical, sexual, or emotional).
- Bullying.
- Illness, bereavement, and loss.
- Family breakdown, separation, and divorce.
- Anxiety.
- Depression.
- Self-harm.
- Suicide.
- Emotional and behavioural difficulties leading to a risk of school exclusion.

We provide our services from our therapy rooms in Northampton or from schools across Northamptonshire (as a combination of one-to-one and group sessions), making our support accessible for the children who need it the most.

Therapy for the children, young people, and families we work with is either funded in full by local authorities and schools; part funded between schools, families and KidsAid; or where no funding is available, KidsAid will fund the cost of therapy sessions in full. We will never turn a child or young person away unless we feel we are the wrong service to meet their needs.

We measure our impact through client feedback, and outcome measures which are taken throughout the course of all our therapy interventions to monitor our effectiveness.

Evaluation and monitoring are at the foundation of every element of KidsAid's provision: review procedures within the organisation are embedded to ensure quality of delivery, evidence-based practice, and sustainability of outcomes.

Public Benefit

In considering the objectives and activities, the trustees have considered Charity Commission guidance on public benefit to ensure that KidsAid is meeting its public benefit requirements.

Report of the Trustees

22/23 was a great year in terms of fund raising and has seen the Charity grow in size.

As KidsAid has grown, it has become necessary to accommodate the growth by investing in the future in a controlled and sustainable manner. We value every £1 donated, raised, or awarded to us, and this is at the forefront of all decisions made, to ensure our funds are spent wisely and add value.

For KidsAid to react and keep pace with the upturn in the need for our services to children, young adults, and families, we need to invest to facilitate the increased demand. This required investing primarily in people. Firstly, we needed more case managers, more therapists, and a support team to coordinate work and legal requirements in providing therapy.

Whilst we had sufficient reserves, we were mindful, that we also needed to ensure as far as possible going forward, that we maximised fund raising and put KidsAid in a position that we would be able to take advantage of opportunities of grant awards and any donations that presented themselves.

Expenditure on charitable activities increased from £257,550 in 21/22 to £382,132 in 22/23. Income increased from £184,840 in 21/22 to £399,199 in 22/23.

With the growth of KidsAid, came the need to ensure all the accounting systems and policies adopted by KidsAid were still appropriate. Sound fiscal management and stability being the cornerstone of ensuring the delivery of the much-needed therapy to the children, young adults, and families we work with.

The Charity uses cloud accounting software and prepares monthly management accounts, which are distributed to the Trustees, along with supporting notes of activities and matters to highlight. The Charity has an independent bookkeeper, who controls the bank. The Trustees are satisfied that the accounting systems are transparent, robust, and working well.

The accounting policies were reviewed, and the Trustees were satisfied that all accounting policies were appropriate.

KidsAid is committed to providing therapy to as many children as we can accommodate in Northamptonshire and eventually across more neighbouring counties. Following the work put in to enhance the infrastructure at KidsAid, and the amazing team of case managers, therapists, and support staff, under the excellent leadership of our CEO, Rebecca Caswell-Fox, KidsAid is well placed to deliver funded therapy to an increasing client base.

We know that there is an ever-growing need for our services, and we will continue to meet ongoing challenges with the continued, and much appreciated support, of our colleagues, board and supporters.



David Robertson, Finance Lead

Presented and approved at a board meeting held on 14th October 2023 and signed on their behalf.

To: THE MEMBERS
THE KIDSAID FOUNDATION
Registered CIO No: 1167852

INDEPENDENT EXAMINER'S REPORT

We have examined the accounts of the Charity set out on pages 42 to 48, which have been prepared on the accrual concept for financial year ending 31st March 2023.

This report is made solely to the Trustees in accordance with Section 43 (3) (a) of the Charities Act 2011. Our work has been undertaken so that we might state to the Trustees those matters which we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Trustees for our work, for this report, or for the opinions we have formed.

Respective responsibilities of the Trustees and examiner

As described on page 4, the Charity's Trustees are responsible for the preparation of the accounts; you consider that the audit requirements of Section 144 (2) of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under Section 156 of the Act, whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts, presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, not matter has come to our attention:

1. which gives us reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 130 of the Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met:
- 2 to which, in our opinion, attention should be drawn to enable a proper understanding of the accounts to be reached.

Brenda Peers-Ross

Brenda Peers-Ross FMAAT. ACIE
23rd November 2023

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted £	Restricted £	Total 2023 £	Unrestricted £	Restricted £	Total 2022 £
Income and endowments from:							
Donations and legacies	1	48,314	1,850	50,164	20,239	1,500	21,739
Charitable Activities	2	249,699	98,885	348,584	79,523	83,388	162,911
Investments		161	-	161	30	-	30
Other Income		290	-	290	160	-	160
Total Income and endowments		298,464	100,735	399,199	99,952	84,888	184,840
Expenditure on:							
Raising Funds		-	-	-	-	-	-
Charitable Activities	3	277,081	105,051	382,132	192,450	65,100	257,550
Other		-	-	-	-	-	-
Total Expenditure		277,081	105,051	382,132	192,450	65,100	257,550
Net gains/(losses) on investments		-	-	-	-	-	-
Net Income / (Expenditure)		21,383	(4,316)	17,067	(92,499)	19,788	(72,711)
Transfer between funds		-	-	-	-	-	-
Total funds brought forward		33,303	27,840	61,143	125,802	8,052	133,854
Total funds carried forward		54,687	23,524	78,211	33,303	27,840	61,144

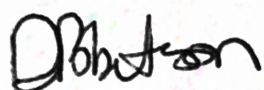
All income and expenditure derive from continuing activities.

The statement of financial activities is incorporating the income and expenditure accounts and includes all gains and losses recognised during the year

BALANCE SHEET AS AT 31 MARCH 2023

	Notes	Unrestricted £	Restricted £	Total 2023 £	Unrestricted £	Restricted £	Total 2022 £
ASSETS:							
Fixed Assets	5	4,994	-	4,994	5,292	-	5,292
Current Assets							
Sundry Debtors	6	19,364	-	19,364	27,152	-	27,152
Cash at Band and in hand	7	49,950	23,527	73,476	148,627	27,840	176,467
		69,314	23,527	92,841	175,779	27,840	203,619
Creditors							
Amount falling due within one year	8	(19,621)	-	(19,621)	(147,767)	-	(147,767)
		(19,621)	-	(19,621)	(147,767)	-	(147,767)
Net Current Assets		49,693	23,527	73,220	28,012	27,840	55,852
NET ASSETS		54,687	23,527	78,214	33,304	27,840	61,144
FUNDS							
		Unrestricted £	Restricted £	2023 £	Unrestricted £	Restricted £	2022 £
Unrestricted Funds	9	54,686	-	54,686	33,303	-	33,303
Restricted Funds	10	-	23,527	23,527	-	27,840	27,840
		54,686	23,527	78,213	33,303	27,840	61,143

Approved by the trustees at a committee meeting held on 14th October 2023 and signed on their behalf.



David Robertson
Finance Lead

Principle Accounting Policies

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Charities: Statement of Recommended Practice (SORP) FRS 102 (issued in October 2019), Accounting and Reporting by Charities issued in January 2015, applicable UK Accounting Standards and the Charities Act 2011.

Ultimate Controlling Party

The KidsAid Foundation is a registered Charitable Incorporated Organisation controlled and managed by the Management Committee/Trustees individually named in the Annual Report.

Income

Donations income is accounted for when received. Therapy income is recognised when the therapy is agreed. Grants are accounted for as receivable in accordance with the grant contracts.

Intangible Income

Intangible income, in the form of donated facilities and voluntary help etc., is not included in the financial statements since it is not considered practicable to quantify such income.

Expenditure

Expenditure is stated inclusive of value added tax, and is brought into account in the year in which it is due. Costs are allocated to functional headings on the basis of direct costs plus overheads on a fair and reasonable estimated basis.

Pensions

The CIO operates a NEST Pension Scheme

Tangible fixed assets and depreciation

Depreciation is calculated to write down the cost of all tangible fixed assets by instalments over the expected useful lives.

Reserves

The board of Trustees have agreed that the organisation should attempt to maintain a level of reserves that equates to two months of running costs. This policy will be kept under review on an annual bases and will be reviewed when necessary.

Risk

The trustees do not believe the CIO is subject to any substantial risk beyond the liabilities disclosed in its Annual Report and Accounts.

NOTES TO THE FINANCIAL STATEMENTS

			Total			Total	
	Unrestricted	Restricted	2023	Unrestricted	Restricted	2022	
	£	£	£	£	£	£	
1 Donations							
Other Donations	48,314	1,850	50,164	20,239	1,500	21,739	
	<u>48,314</u>	<u>1,850</u>	<u>50,164</u>	<u>20,239</u>	<u>1,500</u>	<u>21,739</u>	
2 Charitable Activities							
Grant - Children in Need	-	32,840	32,840	-	30,723	30,723	
Grant - NCF - Wellbeing	-	-	-	-	4,900	4,900	
Restricted Grant - Albert Hunt Fund	-	2,000	2,000	-	-	-	
Grant - Masonic Charitable Trust	-	-	-	-	4,900	4,900	
Grant - NCF: Margaret Giffen Fund - Project 2	-	3,000	3,000	-	-	-	
Grant - West Northamptonshire Council	-	4,875	4,875	-	-	-	
Grant - The Edward Gostling Foundation	-	5,000	5,000	-	-	-	
Grant - Western Power	-	9,470	9,470	-	-	-	
Distributions Community Matters Fund							
Grant - NCF: Margaret Giffen Fund - Project 1	-	2,940	2,940	-	-	-	
Grant - NCF: The Avon Fund for Women and Girls	-	6,000	6,000	-	-	-	
Grant - The Wilson Foundation	-	10,000	10,000	-	-	-	
Grant - NCF - Queens Institute	-	4,900	4,900	-	-	-	
Grant - Northants Community Aid	-	1,200	1,200	-	-	-	
Therapy - NCT	135,467	-	135,467	21,618	20,000	41,618	
Therapy - Schools	83,046	-	83,046	42,739	-	42,739	
Therapy - Parents	16,584	-	16,584	7,216	-	7,216	
Therapy - Other Charities	3,723	-	3,723	2,457	-	2,457	
Therapy - Other County Councils	10,879	-	10,879	4,493	-	4,493	
Grant - National Lottery CF	-	16,660	16,660	-	9,800	9,800	
Grant - Groundwork UK	-	-	-	-	1,125	1,125	
Grant - Coop Community Dividend Fund	-	-	-	-	2,000	2,000	
Other Income	-	-	-	1,000	9,940	10,940	
	<u>249,699</u>	<u>98,885</u>	<u>348,584</u>	<u>79,523</u>	<u>83,388</u>	<u>162,911</u>	
3 Charitable Activities							
Employment Costs	4	176,117	46,078	222,195	75,014	23,740	98,754
Therapist Materials		2,773	-	2,773	-	-	-
Therapist Fees		31,837	58,973	90,810	87,620	41,360	128,980
Wellbeing Workshops		-	-	-	1,439	-	1,439
Toolbox Kits		-	-	-	2,091	-	2,091
Rent		10,163	-	10,163	5,687	-	5,687
Rates		492	-	492	-	-	-
Printing, Postage, Stationery etc.		3,336	-	3,336	2,224	-	2,224
Subscriptions		2,444	-	2,444	910	-	910
Telephones		2,057	-	2,057	1,323	-	1,323
DBS Checks		134	-	134	364	-	364
Repairs and Maintenance		670	-	670	16	-	16
Insurance		1,241	-	1,241	1,082	-	1,082
Restructure costs		-	-	-	3,533	-	3,533
Electricity		2,437	-	2,437	-	-	-
Professional Fees		-	-	-	1,641	-	1,641
IT		32,345	-	32,345	3,120	-	3,120
Web Management		2,610	-	2,610	2,117	-	2,117
Cleaning		2	-	2	290	-	290
Depreciation		1,780	-	1,780	1,216	-	1,216
Other Expenditure		6,104	-	6,104	2,372	-	2,372
Interest Paid		12	-	12	-	-	-
Financial Services		26	-	26	16	-	16
Independent Examination		500	-	500	378	-	378
		<u>277,081</u>	<u>105,051</u>	<u>382,132</u>	<u>192,450</u>	<u>65,100</u>	<u>257,550</u>

NOTES TO THE FINANCIAL STATEMENTS

	2023			2022		
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
4 Employment Costs						
Gross Salaries and Employers NI	164,599	46,078	210,677	66,520	23,740	90,260
Employer Pension	7,169	-	7,169	3,717	-	3,717
Travel	353	-	353	320	-	320
Training	3,511	-	3,511	860	-	860
Life Assurance	485	-	485	-	-	-
Claims	-	-	-	3,597	-	3,597
	<u>176,117</u>	<u>46,078</u>	<u>222,195</u>	<u>75,014</u>	<u>23,740</u>	<u>98,754</u>

No employee earned in excess of £60,000 during the year.

The average number of employees during the year was: 6 (2022:2)

During the year, the trustees received £Nil remuneration (2022:nil). The total expenses reimbursed to 1 trustee amounts to £160 for training and development (2022: £nil)

	2023			2022		
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
5 Fixed Assets						
Costs						
Balance 1st April 2022	6,508	-	6,508	4,308	-	4,308
Less: disposals during the year	-	-	-	1,932	-	1,932
Add: additions during the year	1,482	-	1,482	4,131	-	4,131
Balance 31st March 2023	<u>7,990</u>	<u>-</u>	<u>7,990</u>	<u>6,508</u>	<u>-</u>	<u>6,508</u>

Depreciations

	2023	2022
	£	£
At 1 April 2022	1,216	1,932
Elimination on disposal	-	1,932
Charge in year	1,780	1,216
At 31 March 2023	<u>2,996</u>	<u>1,216</u>

Net Book Value

At 31 March 2023	<u>4,994</u>
At 31 March 2022	<u>5,292</u>

	2023			2022		
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
6 Debtors						
Sundry	11,196	-	11,196	16,911	-	16,911
Pre-paid	8,169	-	8,169	10,241	-	10,241
	<u>19,364</u>	<u>-</u>	<u>19,364</u>	<u>27,152</u>	<u>-</u>	<u>27,152</u>

7 Cash at Bank

Current Accounts	26,548	23,527	50,074	48,626	27,840	76,466
Savings Accounts	23,402	-	23,402	100,001	-	100,001
Cash in Hand	-	-	-	-	-	-
	<u>49,950</u>	<u>23,527</u>	<u>73,476</u>	<u>148,627</u>	<u>27,840</u>	<u>176,467</u>

NOTES TO THE FINANCIAL STATEMENTS

			Total			Total
	Unrestricted	Restricted	2023	Unrestricted	Restricted	2022
	£	£	£	£	£	£
8 Creditors amounts falling due within one year						
Other Creditors	(18,961)	-	(18,961)	(21,610)	-	(21,610)
Accruals and Deferred Income	(660)	-	(660)	(126,157)	-	(126,157)
	<u>(19,621)</u>	<u>-</u>	<u>(19,621)</u>	<u>(147,767)</u>	<u>-</u>	<u>(147,767)</u>
9 Unrestricted Funds						
		Opening Balance	Movement	Movement	Transfer	Closing Balance
		01.04.22	In	Out	Between Funds	31.03.23
		£	£	£	£	£
General Reserve		33,303	298,464	(277,081)	-	54,686
		<u>33,303</u>	<u>298,464</u>	<u>(277,081)</u>	<u>-</u>	<u>54,686</u>
10 Restricted Funds						
		Opening Balance	Movement	Movement	Transfer	Closing Balance
		01.04.22	In	Out	Between Funds	31.03.23
		£	£	£	£	£
	note					
Grant - BBC Children in Need	a	7,380	32,840	(26,540)	-	13,680
Grant - Arnold Clark Community Fund	b	250	-	(250)	-	-
Grant - The Albert Hunt Trust	c	1,530	-	(1,530)	-	-
Grant - National Lottery Community Fund	d	210	-	(210)	-	-
Grant - N'pton Community Foundation (Queens Inst. Fund)	e	2,100	-	(2,100)	-	-
Grant - Masonic Charitable Foundation	f	4,130	-	(4,130)	-	-
Grant Kelly Family Trust	g	1,290	-	(1,290)	-	-
Grant - Gay & Peter Hartleys Hillards Charitable Trust	h	1,000	-	(1,000)	-	-
Donation - Cockerill Masonic Charity	i	970	-	(970)	-	-
Reserves - KidsAid Funding Pot #2	j	8,980	-	(4,740)	-	4,240
Grant - Western Power Distribution Community Matters Fund	k	-	9,470	(9,470)	-	-
Grant - Northamptonshire Community Foundation: Margaret Giffen Community Fund Project #1	l	-	2,940	(2,940)	-	-
Grant - Northamptonshire Community Foundation: The Avon Fund for Women and Girls	m	-	6,000	(6,000)	-	-
Grant - National Lottery Community Fund (Therapy Play Project)	n	-	16,663	(11,056)	-	5,607
Grant - Northants Community Aid	o	-	1,200	(1,200)	-	-
Grant - The Wilson Foundation	p	-	10,000	(10,000)	-	-
Grant - Northamptonshire Community Foundation: Queens Institute Fund	q	-	4,900	(4,900)	-	-
Grant - The Albert Hunt Trust	r	-	2,000	(2,000)	-	-
Grant - Northamptonshire Community Foundation: Margaret Giffen Community Fund Project #2	s	-	3,000	(3,000)	-	-
Grant - The Edward Gostling Foundation	t	-	5,000	(5,000)	-	-
Grant - West Northants Council	u	-	4,875	(4,875)	-	-
Donation - Magic Little Grants	v	-	500	(500)	-	-
Donation - West Northants Council	w	-	350	(350)	-	-
Donation - EMR Sponsorship	x	-	1,000	(1,000)	-	-
		<u>27,840</u>	<u>100,738</u>	<u>(105,051)</u>	<u>-</u>	<u>23,527</u>

Purpose, use and restrictions of funds:

- a) This grant is to fund individual therapy sessions for children and young people, and is being used for this purpose.
- b) This grant was to fund assessments, review and professionals meetings, and was used for this purpose.
- c) This grant was to part fund individual therapy sessions for children and young people, and was used for this purpose.
- d) This grant was to fund individual therapy sessions for children and young people, and was used for this purpose.
- e) This grant was to fund individual therapy sessions for children and young people, and was used for this purpose.
- f) This grant was to fund individual therapy sessions for children and young people, and was used for this purpose.
- g) This grant was to fund families with attachment therapy sessions, and was used for this purpose.
- h) This grant was to fund assessments, review and professionals meetings, and was used for this purpose.
- i) This donation was to fund assessments, review and professionals meetings, and was used for this purpose.
- j) Funding was transferred from our reserves account to extend therapy sessions for families in need of longer term intervention and/or systemic support.
- k) This grant was to fund group therapy sessions for children and young people, and was used for this purpose.
- l) This grant was to part fund individual therapy sessions for children and young people, and was used for this purpose.
- m) This grant was to fund individual therapy sessions for mothers and was used for this purpose.
- n) This grant is to fund individual therapy sessions for children and young people, and is being used for this purpose.
- o) This grant was to fund group therapy sessions for young people, and was used for this purpose.
- p) This grant was to fund individual therapy sessions for children and young people, and was used for this purpose.
- q) This grant was to part fund individual therapy sessions for children and young people, and was used for this purpose.
- r) This grant was to part fund individual therapy sessions for children and young people, and was used for this purpose.
- s) This grant was to fund group therapy sessions for children and young people, and was used for this purpose.
- t) This grant was to support our core costs and was used for this purpose.
- u) This grant was to part fund individual therapy sessions for children and young people, and was used for this purpose.
- v) This donation was used to fund therapy materials and was used for this purpose.
- w) This donation was used to part fund individual therapy sessions and was used for this purpose.
- x) This donation was used to fund therapy materials and was used for this purpose.

11 Ultimate Controlling Party

The Charity is controlled by the board of Trustees who are listed in the Trustees' Annual Report

12 Events After the End of the Reporting Period

There were no significant events after the year end.



KidsAid is a registered charity, No. 1167852

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